

"Hamba Endleleni Engcwele"



Creating the future, by healing the past, all in the present now moment!

Dear Friends

When you're hot you're hot and this is most definitely a week for everyone to feel the heat of being at the scorching edge of very new beginnings, together with some sizzling adventures of the fieriest proportions! Wow! Will someone *please* bring me a towel to wipe my fevered brow!

If there is any phrase that encompasses the current energies and pushes us from a passive in to an active pose, it has to be, *"feel the fear and do it anyway!"* And I suspect that this week will be about *"how much change do we want"* as opposed to, *"do we want to change?"*

With the powerful energy surges of 10.10.10 many new doors of opportunity have swung open and, providing we have firmly closed the old doors that no longer serve us (we can't be in two places at once, right?), the way is clear for us to walk right through!

And if you thought life couldn't get any hotter.....well it has, because **Goddess Brigit's** fire power is driving us to *"stand up for what we believe is right, touch our power and allow its heat to ignite our passions!"* Whew! Feel that heat!

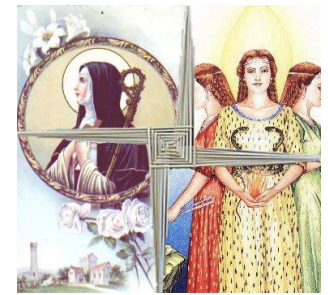
Her presence offers us a special blend of warmth, courage and protection, and as a Triple Goddess, **Brigit** has the energy of the Maiden, Mother and the Crone aspects of the Divine Feminine. She may reveal herself in any of these sacred forms: the young virgin or maiden, the nurturing and loving mother, and the sage\crone or wise woman. Her message is *"don't back down,"* and being the female equivalent of Archangel Michael, she may be called upon for protection, divine guidance and prophetic information.



Various meanings of this card: Be assertive: Don't worry about what others think: Trust that your actions will work out fine: Speak your truth: Stick to your opinions: Put your foot down:

Goddess Brigit always inspires, empowers and encourages us to express our Truth through our purpose. She offers us assistance in releasing and transcending our fears, self-limiting patterns and unhealed energy, and helps us to feel protected and supported through any and all aspects of self-expression and communication. Now, how's that for action?

She is a Celtic Sun Queen who is celebrated and honored during the ancient Pagan Fire Festival, "Imbolc" (February 1st in the Northern Hemisphere, and 1st August in the Southern); a celebration of renewal and growth, when the first signs of spring begin to reveal themselves and we prepare for the new season and the growing light. In the Christian tradition this festival is known as "Candlemas", where candles, intended to be utilized for ceremony, are blessed and it involves much elaborate ritual and feasting.



And if that's not sufficient to keep our inner fires burning then there's a Full Moon in Aries to further stir things up (Saturday 23rd October), and this promises to keep us animated and confident. An Aries Full Moon suggests a new path and a time to *"be the change you want to see in the world"* (especially in our own lives) and its invigorating effect will help us to trust our instincts, make some changes and move towards whatever ignites us!

Aries the Ram is synonymous with independence and raw male energy, so we can expect lots of courage to act on the strength of our convictions, willingness to go it alone and plenty of forceful self expression (peppered with the thrill of acting on impulse!) Just add the rewards of confidently moving out of our comfort zones in to the mix, and we are in for a truly amazing time!



And if we remember that the name Brigit means "The Bright One" or "The Powerful One", we may feel more inclined to align with her dynamic energies, stand in our true power, believe in ourselves and have faith in magic and miracles.

Don't you agree that if we truly believe that something can happen....then miracles will unfold? And even if we have had an unpleasant history, I know very few people who haven't experienced some of life's hardships (which tends to create negative

beliefs about ourselves and life in general); the past doesn't need to equal the future.

We can create a fresh and exhilarating future, simply by believing it is possible. So this week, hang out with **Goddess Brigit** and be safe within her Sacred Flame, take the **Aries Full Moon** energies to their full potential, boldly trust your instincts and experience your impetuous side!

And if you need any further encouragement please heed the following words of Abraham.....*"When people ask us how long does it take for something to manifest, we say, "It takes as long as it takes you to release the resistance. Could be 30 years, could be 40 years, could be 50 years, could be a week. Could be tomorrow afternoon."*

Oh! And before you dash off....don't forget that, once you have walked, ran or danced through all those exciting doors, please leave them wide open for others to follow!

Love and blessings

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